



Going to the dentist in Denmark

Going to the dentist is one of many people's most hated activity especially when you end up with a bill at the end of it. Today I thought I'd write a quick guide to dentistry in Denmark. You can't fail but to notice the vast number of dentist (tandlæge) all over the place. Many have wonderfully gaudy neon teeth lights in their windows. It is often hard to know which dentist to visit so asking for recommendations is a good idea.

Dental care in Denmark is not free under the public health but 40% of the cost of treatment is covered by your yellow card. The bill you are given by your dentist will already have this deducted. It is possible to take out separate dental insurance (tandforsikring). Here is an example of a company offering this it but of course there are others.

Dental treatment and services have set prices and you can see the costs on the dentist's website or asking at reception. The Sundhed website is a good starting place to find out how much your treatment is likely to cost. If you are looking for cheaper treatment you can go to the Department of Odontology at the University. You will be treated by students under supervision.

You need to make an appointment in advance and make sure you bring your yellow card.

A no show or late cancellation will result in many dentists charging you a fee.

Children, who have a CPR number, are entitled to free dental care and orthodontic treatment. You will get an automatic appointment to your eboks for your child when the check up is due. Whilst they will allocate you a dentist, usually based in a local school, you can ring and ask to go to a different public dentist if it is more convenient to you. For example they will give you an appointment at one close to your home but you may prefer the dentist based in your child's school so they miss less time out of class for the appointment.

For emergency dental treatment there are a number of emergency dentists and you can find their details [here](#).