



Organic (Økologisk) Food

Over the years the selection of organic food in Denmark has got even better and the prices have been deliberately kept low by the supermarkets.

In fact the discount supermarkets are particularly good for this with Netto heavily advertising its slogan Alle skall ha' råd till Økologi (All should have access to organic). There is a wide variety of foods that are available as organic in Denmark from fruit and veg to pasta, wine and dairy products.

Whilst all supermarkets have an organic range, I thought I would do a quick run down of the best places to get organic food at a fair price.

NETTO

The discount supermarket is a big proponent of organic foods for all (as mentioned above) and as well as carrying a reasonably wide selection, they often offer discounts or 'spotvarer' on a variety of popular and everyday organic food items. They have their own specific range of organic food.

FØTEX

This supermarket chain says that it has Denmark's best selection of organic food with over 1000 organic lines. They also often offer discounts on different organic items. On Tuesdays and Thursdays they offer 25% discount on organic foods in some of their stores (I have seen it in my local Føtex Food). Also on some Sundays – check their aviser for details.

REMA1000

As well leading the way with food waste, this supermarket also offers a great range of everyday organic foods.

FAKTA

Fakta has a new line called 365 which is great, totally organic and super cheap.

NEMLIG



The online supermarket has a wide variety of organic meats and fresh products as well as other types of food stuffs.

ÅRSTIDERNE

This is an organic box delivery to your door, they offer fruit and veg as well as meat, fish, dairy and other types of food.

ØKOLOGISK SUPERMARKED

This is a purely organic online supermarket, a little more costly than the other choices but a decent selection of products including toiletries and household items.

TORVEHALLERNE

Amongst the outside fruit and veg stalls at Torvehallerne there is one selling organic fruit and vegetables from Denmark.