



THINGS TO DO WITH CHILDREN UNDER THREE IN COPENHAGEN

Living in Copenhagen with under school age children can pose a problem if you decide not to send them to daycare or if you are waiting for a place in one. There are a lot of parents with under three year olds looking of ideas to keep them entertained, especially when the weather isn't very playground friendly. So here are my ideas of places to go (all of these are things I did with my son when he was this age).



Blegdamsremisen at Trianglen, Østerbro

If you are looking for a soft play place then this is the place for you. It is housed in a huge, old tram garage and run by the Kommune. There is a large room with climbing structures suitable for babies and toddlers plus open space to run about in. Outside the main room there is a cosy area to eat snacks, warm up food and refresh yourselves (no food is provided) plus a large Lego room (which is separated so littles can't get in), a room with a few pets such as fish and gerbils and other toys such as Brio train sets and dolls' houses. It is open throughout the week and manned by specialist staff. Tuesdays and Thursdays between 8.30 and 12 noon it is open for only 0-3 year olds. It is always free entry. For more information visit their webpage [here](#) (in Danish).



Libraries

All libraries in **Copenhagen** and Frederiksberg offer children's play areas, some are larger than others. The best ones are in the main Copenhagen library on Kristalgade, Frederiksberg Main Library located close to Frederiksberg Centre and the one in Ørestad Library. You can expect to find toys such as wooden forts, galleons, dolls' houses, soft bean bags and of course access to books and other toys for loan. The libraries offer a programme for children of all ages (usually in Danish) so it's worth looking at their websites for this and getting on mailing lists. Østerbro Main Library has a programme specifically through **Copenhagen Cultural Network** for English speaking children (and adults).

Music classes in churches

Many churches offer music classes for under threes where they can sing, bash instruments and socialise with other babies and toddlers. If you have a church nearby check out their notice boards for forthcoming classes. You usually need to book a place quickly and you need to commit to a block of sessions. These classes are usually relatively inexpensive and even if you don't speak Danish they can be stimulating for babies and toddlers.

LINK playgroup

LINK (Ladies International Network København) run a weekly English playgroup in Hellerup which is open to anyone not just LINK members and you pay for each session. It is on every Wednesday morning 9.45-11.30. They also have a Music and Movement class also open to non members every Friday 10am – 10.45am. There is no need to book, just turn up. Latest information on both these can be found [here](#).

Rygårds Playgroup

Rygårds International School in Hellerup also run a playgroup in their canteen every Monday from 9.15 until 11.15. For more information email rygaardsplaygroup@gmail.com



Sweet Surrender, Vesterbro and Laundromat, various locations

This is probably the only cafe specifically set up to directly welcome young families. It is cosy with nice food and run by volunteers. There is a lovely little play area for babies and toddlers and the perfect place to meet up with other mums. The Laundromat Cafe (three locations in the city) is also very gear up for younger children with a dedicated play area with big chunky toys and a child-friendly menu.

Museums

Don't avoid museums with babies and toddlers. Many of the museums here have specific sections dedicated to small children and it is a great way to stimulate babies and toddler plus helping them get used to how to behave in different environments. You can read my thoughts **on museums and kids here**.

Swimming Pools

Most swimming pools have baby pools here – some you need to book slots in specific baby session and others you can just turn up. Although one of the more expensive pools in the city, **DGI** has a huge, shallow pool for babies and toddlers and excellent changing rooms. **Here is the programme of classes to book. Full list of the city's pools here and the one in Frederiksberg.**

Cinemas

Cinemas in Denmark offer what is called Baby Bio where you can take your baby into the cinema with you whilst you watch a movie. The cinema is kept a little lighter and the film less loud so you can bring your baby into the theatre with you. But if your baby needs to sleep you can leave them outside in the lobby in their pram and the cinema staff will keep an eye on them and alert you if your baby starts to cry. Check your local cinema for listings.